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# HENDRIK KAISE COMBINED SCHOOL Issue 2 PRINCIPAL'S NOTE

Dear Parents and Friends

It is once again a pleasure to share with you the vibrancy of our school.

Our computer lab is now fully functional! The enthusiasm displayed by both teachers and learners is encouraging. The grade 12 learners and teachers had a short and challenging term completing the syllabus and preparing for their trial exams. Thanks to Dr Westaway for his efforts to motivate and support our kids.

On the Rugby front there has been some encouraging developments. We are grateful for the provision of transport and the receipt of new kit. It made it possible for our learners to participate in the league. This exposure is invaluable.

August was Women's month. We were reminded of the role women played in the liberation struggle. Our RCL, led by an innovative Zinzi Bikani, also organised an event to focus on Girls' issues. We thank the Health Department and SAPS for their contribution to make this a worthy occasion.

September is Heritage month. We also played our part in celebrating and recognising diversity in our country. We appreciate the support from Shamwari and Barry Burchhell from Frontier Safaris to help us celebrate Heritage day.

Sinesipho Feni had the opportunity to participate in the SANDF's Pilot Awareness programme. She travelled to Pretoria by plane where she visited the Waterkloof base.

We have a short break before term 4. This term will be extremely demanding. We kindly appeal for your support to encourage your children to work hard, submit their work and study hard for the final exams. Kindly note the study tips somewhere else in this newsletter May God continue to bless our school!



### MESSAGE FROM THE FACILITATOR.



From inspiring messages about studying hard to motivational quotes about doing well in school – this is packed with encouraging words for students. Parents and teachers often preach about goals, focus, determination, commitment, hard work and other things related to books. That might exactly be what is necessary but

there's a better side to life to be shown. Young kids need to know how education can make life awesome. Exams should be seen as challenges rather than problems. Think about how learning should ideally be fun, not stressful. Jot your thoughts down on a note and give it to someone who is reeling under the stress of exams and tests. A little encouragement can go a long way in changing someone's perspective of life. Give up on your frustration but never on your hopes. Give up thinking about your setbacks but never on your goals. Give up worrying about your past but never on your future. Good luck on the Next and last term of the Year.

### SANDF FUTURE YOUNG PILOTS PROGRAMME









Sinesipho Feni, born and bred in Alicedale on the 2<sup>nd</sup> of March 2001, grew up under her Grandmother's wing and she did that very successfully. Sinesipho has been a learner at Hendrik Kanise since she started Grade R and has never, not even once disappointed her teachers. She is very kind, always smiling, very respectful, and loved by many including her teachers. Because Sinesipho has taken her books very seriously, she was amongst the few students who were chosen to join SANDF (South African National Defence Force) Pilots Programme. She is the only one representing Hendrik Kanise in the program and she has promised to make the school proud and join other Pilots after she finishes school. She is now part of the SANDF programs because she did well in Mathematics.



# **HERITAGE CELEBRATION**



our lovely teachers and the



Traditional marriage



Foundation phase rainbow act.



Ms P Gojela. guest speaker.

Heritage day is one of the newly created South African public holidays celebrated on the 24<sup>th</sup> of September every year. It is a day in which all are encouraged to celebrate their culture and the diversity of their beliefs and traditions, in the wider context of tradition that belongs to all its people. The school also held their little celebration on the 23<sup>rd</sup> of September 2016 and various events were staged throughout the day. Learners enjoyed themselves and we had a number of visitors that helped the learners understand the meaning of the day better.

## ENTREPRENEURS DAY



The learners in their



Grade 5 station.



Grade 6 Station



Learner enjoying the goodies.

Entrepreneur's day is celebrated every year on the 21<sup>st</sup> of August. This year it was a little different for the school, they had theirs a little early and it was on the 11<sup>th</sup> of August 2016. The purpose of the event is to create awareness for entrepreneurship, innovation and leadership throughout the world. For the school, the purpose is to teach learners about entrepreneurship and innovation. Each grade had their little station where they had goodies to sell to the other learners and the day was indeed very productive.



# THE SCHOOL RUGBY TEAM



The rugby team and EP Officials

For the School rugby team, the term has been very tough but it did not only motivate them, it made them hungrier. Just like any other games, they had challenges and with those challenges came a great opportunity that none of them expected. The school was blessed with a new rugby kit by the Eastern Province Rugby and that alone motivated them a lot. The term was rather challenging because the team had 7 matches in total. They won 2 out of the seven, 1 was a draw and they lost the 4 other matches. Better luck next time boys.

## THE SCHOOL NETBALL TEAM







The school netball team

Unlike the rugby teams, the schools' under 15, 17 and 19 netball teams did not have a busy schedule this term. This is mainly due to lack of finances for travelling. We have been visited by Khuhliso Daniels. Even though we had mixed results, it did not dampen the enthusiasm of the. With the season now over, they are looking forward to the 2017 season. Watch and learn.

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### **ECO-SCHOOL**

As an Eco-school Conservation remains close to our hearts. Mrs Clay attended a workshop in Port Elizabeth which reminded us that South Africa is a water scarce country. We need to save water to ensure our future generations will have water. Water is a precious resource. Let us all remember...every drop counts.

Our grade 5 learners are part of a Coaching for Conservation programme sponsored by Amakhala. The programme aims at increasing awareness about saving all the God-given resources we have been blessed with. The learners are taught to appreciate our wildlife and how important conservation is.

The killing of Rhinos remain a great concern to us.

Let us unite in looking after our resources. We have only one earth!













The most common barrier to success encountered by students is a lack of effective techniques for study and exam preparation. If you are freaking out about final exams – but really, who isn't? It's important to keep calm and study on. The following list will help you get organized and identify effective learning strategies you can use to ace your exams.

### 1. SET A COAL!

- 2. CREATE A MASTER TO DO LIST!
- 3. DO NOT WAIT UNTIL THE NIGHT BEFORE AN EXAM TO STUDY!
- 4. PREDICT POSSIBLE QUESTIONS OR USE PREVIOUS EXAM PAPERS
  - 5. MEET WITH THE TEACHER FOR ANY QUESTIONS!
- 6. DEVELOP SUMMARY SHEETS FOR EACH SUBJECT!

7. TAKE SHORT BREAKS WHEN STUDYING!

- 8. EXPLAIN THE INFORMATION ALOUD AS IF YOU ARE SAYING IT TO SOMEONE ELSE!
  - 9. STUDY IN A DISTRACTION-REDUCED ENVIRONMENT.
- 10. QUIZ YOURSELF!

11. FORM A STUDY GROUP!

12. MANAGE YOUR ANXIETY BY LISTENING TO CALMING MUSIC!

13. OVERLEARN THE INFORMATION!

14. NEVER, EVER PULL AN ALL-NIGHTER!

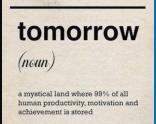


# **POSITIVE OUTLOOK**



"THE FIRST STEP TOWARDS GETTING SOMEWHERE IS TO DECIDE THAT YOU ARE NOT GOING TO STAY WHERE YOU ARE." UNKNOWN

"THE SECRET OF CHANGE IS TO FOCUS ALL OF YOUR ENERGY, NOT ON FIGHTING THE OLD, BUT ON BUILDING THE NEW."





Everyone you meet is fighting a battle you know nothing about. Be kind.

Always.

Carry out a random act of kindness, with no expectation of the ward, safe in the knowledge that one day someone might do the same for you. "

- Princess Diana



Being curvy doesn't mean you're fat Being you doesn't mean you're weird Being single doesn't mean you're alone Being imperfect doesn't mean you're ugly

You are different. that's what makes you perfect

### **FUNNY CORNER**















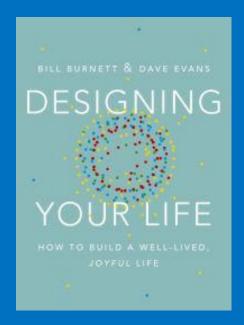








# **BOOK REVIEW**



At last, a book that shows you how to build—design—a life you can thrive in, at any age or stage

Designers create worlds and solve problems using design thinking. Look around your office or home—at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book, Bill Burnett and Dave Evans show us how design thinking can help us create a life that is both meaningful and fulfilling, regardless of who or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfilment and joy, constantly creative and productive, one that always holds the possibility of surprise.

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